

Telephone: 1-800-268-5804 Toll Free Fax: 1-855-374-3497

www.stlimaging.ca

HOME NAME (NO ABBREVIATIONS)					PHONE N	PHONE NUMBER		
ADDRESS FOR SERVICE				UNIT NAME/ROOM #				
PATIENT'S LAST NAME PATIENT'S FIRST			 Γ Ν/					
HEALTH NUMBER			V	ERSION CODE	DD	ATE OF BIRT	F   M   M   M   M   M   M   M   M   M	
☐ Receiving Ontario Health atHome (Formerly HCCSS)								
MOBILE X-RAY			<b>MOBILE ULTRASOUND</b>					
□ SACRUM / COCCYX*       □ SHOULDER         □ SI JOINTS*       □ AC JOINTS         □ PELVIS & HIPS*       □ R         □ FEMUR       □ ELBOW         □ KNEE       □ FOREARM         □ TIB-FIB       □ HAND		☐ ABDOMEI☐ ABDOMEI☐ ABDOMEI☐ PELVIS☐ SCROTUI☐ GROIN (H☐ THYROID☐ NECK☐ SALIVARY	EN L EN/F IM Hern O	PELVIS   nia)	OPPLER VENOUS A VENOUS I ARTERIAL ARTERIAL CAROTID LUMP / MA Site	LEGS L LEGS L ARMS		
(*Weight Restrictions 90 KG/200 LB)		( Prep on Rev		•				
CLINICAL INFORMATION REASON FOR EXAMINATION - (RELEVANT MEDICAL HISTO  URGENT  MEDICAL PRACTITIONER / RNEC  OHIP				UNIT NAM		)NS LIYE	3 ⊔NO	
Please print First Name Last Name PHYSICIAN'S / RNEC'S SIGNATURE								
X					DD 	DATE MM	ΥΥ	

# **ULTRASOUND PREPARATION**

# Preparation Instructions for Mobile Ultrasound Services

#### **Abdomen**

- Modified Diet containing NO MEAT, FAT, OR DAIRY on day of exam until completed.
- Clear fluids only to be served with meals
- Patients may take all medication as required with a small amount of water

## Abdomen and Pelvis

- Restricted Diet (see above) in addition to a full bladder
- A full bladder is required: drink 1L (four 8 oz glasses) of water one hour before the examination
- The mobile technologist will call the day before to advise of when to start drinking water. Do not
  void until the sonographer instructs you to do so (understandably this may be difficult at times
  so best efforts are encouraged)
- Take usual medication with water

### Pelvis

- A full bladder is required: drink 1L (four 8 oz glasses) of water one hour before the examination for Pre and Post Void studies.
- The mobile technologist will call the day before to advise of when to start drinking water. Do not
  void until the sonographer instructs you to do so (understandably this may be difficult at times
  so best efforts are encouraged)

### All Other Exams

No preparation is needed

<sup>\*</sup>Please note examinations requiring the above preparations may not all be completed prior to lunch. The directions provided will need to be followed for the duration of the scheduled appointment date.

<sup>\*</sup>Our professional mobile staff will call the day prior to notify you of the time frame in which to expect arrival for service so that you can be informed and prepared.

<sup>\*</sup>In all circumstances, collaborative efforts to work together with support staff and healthcare teams to successfully complete exams are appreciated.